

PLEASE READ AND SIGN TOUR WAIVER AND RELEASE FORM

I freely acknowledge and realize the danger of participating in a JASEN Rides, LLC, dba Bike and Roll Washington DC/Alexandria /Bike the Sites (herein collectively referred to as JASEN Rides) tour or rental and fully assume all risks including but not limited to, collision with pedestrians, vehicles, other riders, and/or fixed moving objects, the negligence of other riders and dangers arising from falls and road surfaces, as well as the possibility of physical and/or mental trauma (or injury).

- I realize that the JASEN Rides tour and or rental requires physical exertion and I represent that I am in sound medical condition capable of participating in the ride without risk to others or myself.
- I have no physical or medical impediment, which would endanger others or myself. I understand that the law defines a bicycle as a moving vehicle and **I agree to follow all traffic laws, signs, rules, and regulations.**
- I agree that I will, at all times during my participation in the JASEN Rides tour and or rental, adhere to all safety rules and regulations of JASEN Rides, which includes **wearing a helmet at all times while riding my bicycle.**

I as a parent or guardian, take responsibility for any of my child's actions for the duration of the trip.

As a bicyclist,

- I am responsible for the way I ride and the condition of my own bike if used. If using a rented bike, I take responsibility for any damage that might occur while I am riding.
- I, as a responsible adult, will not use my cellular phone while riding on the tour and or rental, due to the disruption it may cause to my concentration and the enjoyment of others on the tour.

I hereby release, indemnify and agree to hold harmless JASEN Rides, its officers, directors, representatives, employees, agents, partners and participants of and from any and all losses, costs, damages, claims, demands, rights and causes of action of whatever kind or nature, including reasonable attorney fees, and including any and all negligence claims or causes of action, which may arise and which result from illness, personal injuries, property damage, death or of any other damages or injuries, not included herein, occurring during or as a result of, my participation in the JASEN Rides tour and or rental.

I also consent to and permit emergency medical treatment in the event of injury or illness. I understand and accept that any medical cost incurred with respect to emergency medical treatment will be my responsibility.

I am of legal age and fully competent, have read this Waiver and Release and fully understand it and, if not of legal age, that my parent or legal guardian has fully read the above Waiver and Release and understands it and that I am fully bound by their signature.

Printed Name _____ Please check if you've been here previously
Date

Signature _____
Names of Participants Under 18

Printed Street Address(legal residence) _____ _____
 Cell/Local Number Hotel

City, State and ZIP or Postal Code _____
How did you find out about Bike and Roll Washington DC?

May we send you a copy of our quarterly e-mail newsletter? Yes No (We do **not** sell our list.)
 E-mail: _____

Do you plan to store items at our location? No Yes
I understand that JASEN Rides is not liable for damage or loss.

Which Tour Are You Taking? (Please circle) Capital Sites -- Monuments -- Capital Sites@Nite -- Monuments@Nite -- Historic Old Town -- Other _____

Private/Group Tours – Please print the name of your Group _____

One participant in the group should fill out the section below if you do **NOT** have a reservation.

Riders Names & Heights	Names	Heights	Staff Use Only
			Staff

If you enjoy your tour, please let your guide know. **Gratuities** are welcome and appreciated.